

HOSHIKI MONTHLY

October / November 2014



CONGRATULATIONS SENIOR 1st DANS

Congratulations to Sempais Kate, Jane, Andy & Alicia who all successfully graded through to full 1st Dan. The grading was of an exceptionally high standard. The four instructors all put in an enormous amount of preparation and hard work. Shodan, unlike any of their previous gradings, requires fully choreographed weaponry yuksukos which demand extreme precision, timing, creativity, self motivation and dedication. Despite the pressure all four instructors exceeded our expectations and proved once again the high standards of HKMA. Dai Sensei Wayne Boyd (4th degree black belt) from Loong Fu Pai, commented a number of times on the high standard that was presented. Thanks again to Adrian Brown for once again capturing the grading on DVD.





SNAPSHOT OF 2014

This year we have had more high ranking gradings than any other year. I have been proud watching students who have trained for many years ranging from seniors who have been with us for almost 25 years to juniors who have been training since they were 5 years old and are now almost 13. All are now taking on prominent roles within the club and passing on their experiences and knowledge accumulated over their journey with Hoshiki. We have been extremely pleased to promote another 2 senior instructors and 4 junior instructors to the rank of Sempai this year.

Throughout the year we watched many of our Juniors test their skills as they participated in 3 Loong Fu Pai tournaments where we brought home a total of 30 trophies. We have welcomed another 27 new students during the year and featured in 5 editions of Blitz Martial Arts Magazine.

So far this year we have had 140 gradings. Among these were 2 Senior 1st Dan gradings, Junior Black Belt, Junior 1st Dan and Junior 2nd Dan and we still have another 18 gradings to take place in December – including Dai Sensei Jules' 4th Dan on 3rd December and Delphine's Black Belt on 17th December.

Thank you to all of our senior students for all of your support and assistance throughout the year. We are very lucky to have such a supportive club where there is always someone willing to put up their hand to help out with gradings, tournament training and general classes. Special thanks in particular to Sempai Kate & Sempai Jane who assist with the junior classes every Saturday – we truly value your contribution to the club.

Thank you also to the junior Black Belts who have been helping out this year and to all the parents of our junior students for all of your support throughout the year – it is very much appreciated.

Enjoy your Summer break, stay safe and have a very Merry Christmas!

CHRISTMAS PARTY AND PRESENTATION DAY



We hope to see everyone at our Christmas party and presentation day. Even if you can only make it for the presentations, please make a big effort to attend and honour those who have excelled throughout the year. All junior students receive a personalised participation medal and there will be trophies awarded to 7 of our outstanding juniors and 6 of our exceptional seniors.

WHEN: Saturday 6th December.

WHERE: It is being held again in the **Multipurpose Room** at **Ringwood Heights Primary School** – Cnr Felix and Aurum Cres – car parking is available in the school.

TIME: The party starts at **12pm** and Presentation of trophies and medals will be at **1.30pm**.

SAT CLASS: **Morning classes on that day will start one hour later than normal with the second class finishing at 11.45am.**

BBQ's will be available for use and it is BYO meat, drinks and either a salad or dessert to share. There is a list in the dojo so we can organise food to share.

We need a second BBQ so please let us know if you are able to bring one along.

WELCOME

Welcome to **Aaron, Ethan, Ben, Nat, Hannah, Jaron & Tom** in our Monday junior class and to **Finn** in our Saturday junior class. And also to **Damien & Jaime** in our Sunday Kickboxing class. It's great to have you all as a part of our club.

DATES FOR END OF YEAR AND NEW YEAR

Monday afternoon class - Last class is on 15th December 2014
- Class resumes on 2nd February 2015

Wednesday night class - Last class is on 17th December 2014
- Class resumes on 4th February 2015

Saturday morning class - Last class is on 13th December 2014
- Class resumes on 7th February 2015

Sunday kickboxing class - Last class is on 14th December 2014
- Class resumes on 8th February 2015

GRADING RESULTS FOR OCTOBER / NOVEMBER

JUNIORS

Congratulations to Sarah, Tamara, Jess, Bianca, Felix & Kobe on attaining their 8th Kyu (yellow belt)



Congratulations to Isla, Ella, Jack & Tara on attaining their 7th Kyu (green bars)



Congratulations to Isla, Paige, Mia & Becky on attaining their 5th Kyu (red bars)



Congratulations to Gabrielle, Ethan, Luca & Charlotte on attaining their 4th Kyu (red belt)



Congratulations to Oskar, Matthew, Emily, Xavier, Nathan, Will & Tiana on attaining their 4th Kyu (red belt)



Congratulations to Josh, Lucas, Will, Aidan, Mitch, Liam & Sam on attaining their 2nd Kyu (brown belt)



Congratulations to Jackson, Jacob, Kai & Zach on attaining their 1st Kyu (black bars)



Congratulations to Adam & Daniel on attaining their 1st Kyu (black bars)



SENIORS

Congratulations to Susanna on attaining her 8th Kyu (yellow belt) and then a few months later attaining her 7th Kyu (green bars)



Congratulations to Steve, Ella & Jason on attaining their 5th Kyu (red bars)



Congratulations to Geoff, Rob, Claudia & Taylor on attaining their 1st Kyu (black bars)



UPCOMING SENIOR BLACK BELT AND 4th DAN GRADINGS

On **Wednesday 3rd December** Dai Sensei Jules will be attempting his 4th Dan. This grading requires acute awareness and mobility by defending and defeating 3 attackers using a variety of techniques whilst also showing precision and control of a weapon. Dai Sensei is also required to demonstrate 5 Kata - including an advanced personal kata and 3 advanced personal weaponry katas each with a different weapon. Please try to come along to support Dai Sensei in what will be a magnificent grading.

On **Wednesday 17th December** Delphine will be attempting her Black Belt grading. Delphine has trained extremely hard over the last 6 months showing an enormous amount of discipline and self motivation under the supervision of Sensei Scott. She will complete her journey to Shodan Ho demonstrating 6 Kata, 16 rounds of sparring and bag work, pure self defence application and submitting an essay. Special thanks to Sensei Scott for all his time and effort training with Delphine this year. Black Belt is such an important grading and we encourage everyone to come along and support Delphine in what promises to be an outstanding grading.

Best of luck to Dai Sensei Jules & Delphine!

UPCOMING GRADINGS FOR DECEMBER

Juniors

- Aaron, Ethan, Hannah, Jaron, Nat, Tom & Ben will all be attempting their 9th Kyu (yellow bars)
- Harley & Sarah will all be attempting their 7th Kyu (green bars)
- Lachlan C, Elisha, Archie & Erin will all be attempting their 5th Kyu (red bars)
- Conall & Lachlan will be attempting their 1st Kyu (black bars)

Seniors

- Trent will be attempting his 5th Kyu (red bars)

CONGRATULATIONS!!



We would like to welcome our newest Hoshiki member – “Luke” who was born on 27/11/14. Congratulations to his parents Sempai Lana & Chris and his siblings Sarah (in our junior class) and Zach. We’ll place an order soon for his first gi!

JUNIOR STUDENT PROFILES

Harley -8th Kyu (yellow belt)

My name is Harley and I'm 5 years old I've been doing karate since the start of the year. I am currently a yellow belt but will be grading for my green bars soon. I also like playing basketball and football, I enjoy playing video games with my brother Riley. I have a cat called Emmet and a dog called Jedi, my favourite thing to eat is sausages and chips but I also really like strawberries and chocolate. I am really enjoying doing karate.



Tamara - 8th Kyu (yellow belt)

My name is Tamara, I am 10 years old and I have 3 sisters, 1 brother, 2 nieces and a mum and a dad I also have a dog called Roxy. I barrack for the best team in the AFL the mighty hawks! I go to school at St. Mary's in Mount Evelyn, I love doing lots of different things at school like dance, drama and choir and I love to perform in front of people. The things I enjoy doing the most are playing netball, going to Karate, Dancing, swimming in the pool on a hot day and going up to Bonnie Doon and getting behind the boat on my board.



Jess - 8th Kyu (yellow belt)

My name is Jessica, I am 9 years old. The things I like doing the most at karate is ground fighting and kicking and punching the bag.

Other things I like doing in my spare time is playing netball, swimming and riding bikes with my friends.

My favourite things I like doing at school is maths, art and sports. When I grow up I want to become a doctor.



Isla -7th Kyu (green bars)

Isla Joan Thornton - Age 6

My favourite:

Food – sushi

Song- Frozen 'Let it go'

Colour- purple

Sport- rollerblading

Movie- Red Dog

Football team - Western Bulldogs

I started karate because I thought it would be fun. My Dad likes bikes. I like to do art. I know lots of songs. I go to Ringwood Heights – it's one of my favourite things. My



favourite thing at school is Art. I have a Kelpie puppy called Turbo, my dad bought him as a surprise for the family when he was 7 weeks old and he jumps on Dad's bed in the morning. I like to play on the trampoline and cubby house with Turbo, Jasper and Fletcher.

TOURNAMENT

Congratulations to Sempai Riley Brown, Emily & Will Abell who participated in the last Loong Fu Pai Tournament for the year on 19th October. Despite being a small group from Hoshiki, they each entered almost every division, had a fantastic day participating and proudly representing our club and brought home a total of 9 trophies!

Sempai Riley

1st place – Continuous sparring
1st place – Points sparring
1st place – Tile break

Will

3rd place - Tile break

Emily

1st place – Sumo
2nd place – Tile break
3rd place – Continuous sparring
3rd place – Points sparring
3rd place - Kata



TRAINING TIP –

**AWARENESS IS AN ESSENTIAL PART OF DEFENDING YOURSELF.
AWARENESS IN THE DOJO MAY IMPROVE YOUR SKILL OR PREVENT AN
ACCIDENT. AWARENESS OUTSIDE THE DOJO MAY PREVENT AN ACCIDENT OR
A POTENTIAL ATTACK. ALWAYS BE AWARE OF YOUR SURROUNDINGS.**

QUOTE OF THE MONTH:

“It is better to practice a little than talk a lot.”

***See you at training,
SHIHAN MATT & DAI SENSEI MAREE***